

2023 Lyndon Invitational - 9/7/2023
MS & HS Cross Country Meet
Melvorn Lake Outlet Park
Results

Event 1 Women 2 Mile Run 7th Grade

Name	Year Team	Avg Mile	Finals	Points
Results - Women				
1 Moon, Makenzie	Central Heig	7:11.4	14:22.78	1
2 Kreis, Isabelle	Cornerstone	7:19.4	14:38.66	
3 Lauver, Samantha	Cornerstone	7:42.7	15:25.33	
4 Harmon, Brynlee	Osage City	7:46.3	15:32.46	2
5 Bosse, Kaiden	Osage City	8:09.3	16:18.53	3
6 Reed, Alyssa	Central Heig	8:14.0	16:27.87	4
7 Moon, Kamden	Central Heig	8:14.5	16:28.82	5
8 Macy, Mackenzie	Central Heig	8:50.0	17:40.00	6
9 Pringle, Sarah Beth	North Lyon C	9:11.8	18:23.61	
10 Lowery, Abigail	Osage City	9:13.2	18:26.28	7
11 Marshall, Brooke	Emporia Christian	9:25.9	18:51.78	
12 James, Lauren	Emporia Christian	9:27.7	18:55.37	
13 Johnson, Ella	Central Heig	9:28.9	18:57.76	8
14 Meyer, Elizabeth	Central Heig	9:35.4	19:10.71	9
15 Hall, Luna	Chase County	9:38.8	19:17.46	
16 Gonzales, Ashlynn	Osawatomie H	10:16.4	20:32.69	
17 Westhoff, Cecilia	Hartford Hig	10:41.0	21:21.96	
18 Wilcoxson, Reece	Osage City	11:00.4	22:00.72	10
19 Stucky, Lena	Osage City	11:07.5	22:14.84	11
20 Tate, Olivia	Jefferson Co	11:17.8	22:35.51	
21 Garrett, Decembyr	Yates Center	11:22.2	22:44.34	
22 Borders, Emma	Jefferson Co	12:56.1	25:52.06	
23 Marschean, Piper	Jefferson Co	13:23.7	26:47.35	



2023 Lyndon Invitational - 9/7/2023
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Melvorn Lake Outlet Park
Results

Event 1 Men 2 Mile Run 7th Grade

Name	Year Team	Avg Mile	Finals	Points
Results - Men				
1 Wine, Grayson	Lyndon High School	7:00.3	14:00.50	
2 Arb, Levi	Lyndon High School	7:00.4	14:00.73	
3 Thompson, William	Cornerstone	7:06.7	14:13.28	
4 Flanary, Kiel	West Frankli	7:40.4	15:20.76	1
5 Williams, Ryker	West Frankli	7:46.2	15:32.36	2
6 Brown, Ty	North Lyon C	7:47.7	15:35.38	
7 Huebner, Sam	Emporia Christian	7:47.8	15:35.61	
8 Culver, Laken	Yates Center	7:49.4	15:38.69	
9 Wuertz, Andrew	Central Heig	7:54.1	15:48.17	
10 Hamm, Bowen	West Frankli	7:58.1	15:56.19	3
11 Spencer, Auston	West Frankli	8:08.4	16:16.80	4
12 Patterson, Kale	West Frankli	8:08.6	16:17.06	5
13 Seth, Liam	Lyndon High School	8:10.1	16:20.15	
14 Hopkins, Owen	Emporia Christian	8:15.0	16:29.85	
15 Coltrane, Elliott	Emporia Christian	8:16.6	16:33.13	
16 Bellinger, Grady	Osage City	8:31.1	17:02.10	
17 Vaughan, Druvyn	Osawatomie H	8:39.1	17:18.02	
18 Evans, Henry	West Frankli	8:48.1	17:36.15	6
19 Bishop, Joseph	Yates Center	8:50.8	17:41.54	
20 Mellen, Caleb	Cornerstone	8:54.9	17:49.76	
21 Schneickert, Oliver	North Lyon C	8:57.0	17:53.85	
22 Bysfield, Connor	Yates Center	9:01.7	18:03.26	
23 Thieme, Duval	Cornerstone	9:05.3	18:10.52	
24 Murphy, Easton	Chase County	9:10.3	18:20.55	
25 Russell, Bryer	Osawatomie H	10:04.9	20:09.81	
26 Carson, Caleb	Hartford Hig	10:06.5	20:12.96	
27 Way, Camden	North Lyon C	10:20.5	20:40.95	
28 Edwards, Chris	Lebo Junior	11:52.4	23:44.67	
29 Moulthrop, Tristin	West Frankli	12:35.9	25:11.75	7
30 Bichel, Hunter	Lyndon High School	14:24.7	28:49.34	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men										
1 West Franklin High School	15	1	2	3	4	5	6	7		
Total Time:	1:19:23.17									
Average:	15:52.64									



2023 Lyndon Invitational - 9/7/2023
MS & HS Cross Country Meet
Melvern Lake Outlet Park
Results

Results - Women



2023 Lyndon Invitational - 9/7/2023
MS & HS Cross Country Meet
Melvorn Lake Outlet Park
Results

....Event 1 Men 2 Mile Run 7th Grade

1	Central Heights High Scho	24	1	4	5	6	8	9
	Total Time:	1:23:57.23						
	Average:	16:47.45						
2	Osage City	33	2	3	7	10	11	
	Total Time:	1:34:32.83						
	Average:	18:54.57						



2023 Lyndon Invitational - 9/7/2023
MS & HS Cross Country Meet
Melvorn Lake Outlet Park
Results

Event 2 Women 2 Mile Run 8th Grade

Name	Year Team	Avg Mile	Finals	Points
Results - Women				
1 Cameron, Bailey	West Frankli	6:32.6	13:05.14	1
2 Burkdoll, Lily	Central Heig	6:47.4	13:34.81	
3 Hughes, Ebony	Central Heig	7:22.6	14:45.20	
4 Detwiler, Caitlynn	Central Heig	7:28.0	14:55.88	
5 Wieneke, Baylie	West Frankli	7:42.3	15:24.56	2
6 Mille, Elyse	West Frankli	8:03.0	16:05.97	3
7 Nellessen, Grace	West Frankli	8:15.2	16:30.34	4
8 Johnson, Kali	Wellsville M	9:02.5	18:04.82	
9 Theilen, Avery	Osage City	9:09.4	18:18.78	
10 Neilsen, Haylee	Council Grove	9:29.9	18:59.69	
11 Brabb, Sophia	Osage City	9:55.9	19:51.68	
12 McClurg, Izzi	Cornerstone	10:11.1	20:22.15	
13 Denney, Kaitlyn	Wellsville M	10:11.9	20:23.71	
14 Holden, Sophia	Cornerstone	11:04.6	22:09.05	
15 Broce, Izzy	Osawatomie H	11:24.0	22:47.83	
16 Voth, Allison	West Frankli	12:22.8	24:45.42	5



2023 Lyndon Invitational - 9/7/2023
MS & HS Cross Country Meet
Melvorn Lake Outlet Park
Results

Event 2 Men 2 Mile Run 8th Grade

Name	Year Team	Avg Mile	Finals	Points
Results - Men				
1 Meyer, Josiah	Central Heig	5:51.3	11:42.55	1
2 Wine, Kendall	Lyndon High School	6:18.6	12:37.18	
3 Bremer, Carter	Council Grove	6:38.2	13:16.35	
4 Spade, Cooper	North Lyon C	6:47.9	13:35.79	
5 Dunbar, Mathew	Central Heig	6:50.9	13:41.71	2
6 Wuertz, Benjamin	Central Heig	6:51.4	13:42.64	3
7 Detwiler, Caleb	Central Heig	6:53.5	13:46.90	4
8 Scott, Dalton	Cornerstone	7:15.4	14:30.77	
9 Winder, Reece	Madison High School	7:17.8	14:35.45	
10 Fletcher, Carsen	Wellsville M	7:22.3	14:44.43	
11 Cannady, Knox	Central Heig	7:24.0	14:48.01	5
12 Moulin, Jack	Osage City	7:40.1	15:20.04	
13 Flanary, Kiel	West Frankli	7:40.1	15:20.17	
14 Gasche, Trace	North Lyon C	7:40.3	15:20.46	
15 Bailey, Sam	Lebo Junior	7:44.0	15:27.97	
16 Schuetz, Tavin	Wellsville M	7:50.8	15:41.57	
17 Stoll, Isaac	Yates Center	8:00.4	16:00.73	
18 Hargesheimer, Cole	Wellsville M	8:32.0	17:03.90	
19 Holstine, Presten	Central Heig	8:35.4	17:10.67	6
20 Hysom, Kolton	North Lyon C	8:49.3	17:38.51	
21 Hamilton, Brooks	Central Heig	8:56.4	17:52.72	7
22 Horton, Hayden	Council Grove	9:02.2	18:04.34	
23 Seaman, Eli	Lebo Junior	9:14.2	18:28.30	
24 Bysfield, Maddox	Yates Center	9:50.1	19:40.18	
25 Theel, Lincoln	Osage City	10:03.5	20:06.88	
26 Jones, Dawson	Osage City	10:39.9	21:19.65	
27 Perry, Braxton	Madison High School	10:44.6	21:29.17	
28 Samson, Malachi	Lyndon High School	12:03.1	24:06.07	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men

1 Central Heights High Scho	15	1	2	3	4	5	6	7
Total Time:	1:07:41.81							
Average:	13:32.37							



2023 Lyndon Invitational - 9/7/2023
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Melvorn Lake Outlet Park
Results

Results - Women

1 West Franklin High School	15	1	2	3	4	5
Total Time:	1:25:51.43					
Average:	17:10.29					



2023 Lyndon Invitational - 9/7/2023**MS & HS Cross Country Meet****Melvorn Lake Outlet Park****Results****Event 3 Girls 5k Run CC Varsity**

Name	Year Team	Avg Mile	Finals	Points
Results - Women				
1 Cubit, Emma	Central Heig	7:12.0	22:22.03	1
2 Bosse, Jaiton	Osage City	7:21.2	22:50.50	
3 Mushrush, Sadie	Chase County	7:37.6	23:41.42	
4 Downum, Hazel	Paola High School	7:38.0	23:42.69	2
5 Rutledge, Yasmin	Paola High School	7:38.5	23:44.37	3
6 Barnett, Libby	Osawatomie H	7:40.2	23:49.78	
7 Chrisjohn, Melaney	Central Heig	7:42.8	23:57.70	4
8 Smittick, Kalana	Cornerstone	7:47.1	24:11.23	
9 Moreno, Carmen	Paola High School	7:55.2	24:36.32	5
10 Schmelzle, Brooklynn	Valley Falls	8:13.5	25:33.03	6
11 Glanville, Kinslea	Chase County	8:21.2	25:57.17	
12 Bollinger, Alana	Paola High School	8:27.1	26:15.37	7
13 Conner, Maddison	Valley Falls	8:27.3	26:16.04	8
14 Yates, Katelynn	Valley Falls	8:30.3	26:25.35	9
15 Sparks, Landry	Central Heig	8:31.9	26:30.15	10
16 Myers, Renay	Valley Falls	8:33.5	26:35.20	11
17 Jenkins, Bailey	Jefferson Co	8:34.4	26:37.89	12
18 Weishaar, Bowie	Jefferson Co	8:36.2	26:43.50	13
19 Peterson, Katelyn	Paola High School	8:40.3	26:56.42	14
20 Fujibayashi, Ivy	Jefferson Co	8:46.4	27:15.27	15
21 Dunbar, Arabella	Central Heig	8:57.3	27:49.19	16
22 Conner, Gracie	Valley Falls	8:59.4	27:55.69	17
23 Olberding, Kaley	Jefferson Co	9:16.3	28:48.37	18
24 Andres, Castyn	Council Grove	9:21.8	29:05.18	
25 Dyerson-Fritchman, Skyla	Central Heig	9:23.6	29:10.97	19
26 Stout, June	Lyndon High School	9:24.6	29:13.89	
27 Porter, Bailey	Jefferson Co	9:44.5	30:15.69	20
28 Thomas, Allison	Valley Falls	10:23.3	32:16.37	21
29 Graham, Emma	Lyndon High School	10:38.1	33:02.22	
30 Huff, Shyenne	Jefferson Co	12:14.6	38:02.05	22

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Women

1 Paola High School	31	2	3	5	7	14				
Total Time:	2:05:15.17									
Average:	25:03.04									



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Results

....Event 3 Girls 5k Run CC Varsity

2	Central Heights High Scho	50	1	4	10	16	19	
	Total Time:	2:09:50.04						
	Average:	25:58.01						
3	Valley Falls High School	51	6	8	9	11	17	21
	Total Time:	2:12:45.31						
	Average:	26:33.07						
4	Jefferson County North Hi	78	12	13	15	18	20	22
	Total Time:	2:19:40.73						
	Average:	27:56.15						



2023 Lyndon Invitational - 9/7/2023
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Melvorn Lake Outlet Park
Results

Event 4 Boys 5k Run CC Varsity

Name	Year Team	Avg Mile	Finals	Points
Results - Men				
1 Hammond, Cody	Central Heig	5:32.5	17:13.02	1
2 Burkdoll, Connor	Central Heig	5:33.7	17:16.68	2
3 Downes, Lakoddah	Council Grove	5:34.0	17:17.47	3
4 Miller, Owen	Central Heig	5:39.0	17:33.22	4
5 Hernandez, Silus	Chase County	5:51.6	18:12.22	5
6 Meredith, Lucas	Jefferson Co	5:57.9	18:31.80	6
7 Trent, Devin	Paola High School	5:58.6	18:33.90	
8 McCord, Christian	Central Heig	5:59.7	18:37.47	7
9 Miller, Stetson	Central Heig	5:59.9	18:38.12	8
10 Kane, Isaac	Jefferson Co	6:02.3	18:45.64	9
11 Picolet, Jady	Council Grove	6:07.5	19:01.73	10
12 Hebert, Luke	Osawatomie H	6:08.6	19:04.94	
13 Schroer, Carson	Chase County	6:14.9	19:24.58	11
14 Kreis, William	Cornerstone	6:16.6	19:29.77	
15 Johnson, Hunter	Central Heig	6:31.0	20:14.53	12
16 Morgan, Tate	Chase County	6:32.6	20:19.68	13
17 Cleveland, Cody	Hartford Hig	6:32.8	20:20.40	
18 Sanders, Micah	Paola High School	6:47.4	21:05.67	
19 Edmonds, Lane	Jefferson Co	6:49.6	21:12.35	14
20 Kane, Max	Jefferson Co	6:50.0	21:13.64	15
21 Moon, Lawson	Lyndon High School	6:59.8	21:44.17	
22 Blankley, Samuel	Hartford Hig	7:01.0	21:47.98	
23 Ubert, John Paul	Chase County	7:03.1	21:54.24	16
24 Whitaker, Brody	Osawatomie H	7:04.1	21:57.43	
25 Nelson, Brody	Council Grove	7:09.1	22:12.91	17
26 Roloff, Scott	Jefferson Co	7:14.4	22:29.60	18
27 Koch, Bryson	Chase County	7:14.9	22:31.16	19
28 Terflinger, Landen	Paola High School	7:18.0	22:40.76	
29 Smith, Oliver	Hartford Hig	7:19.9	22:46.57	
30 Mascote, Valentin	Council Grove	7:21.5	22:51.42	20
31 Burk, Riley	Jefferson Co	7:22.0	22:53.03	21
32 Sommer, Brylan	Central Heig	7:27.2	23:09.16	22
33 Hefty, Josiah	Valley Falls	7:29.4	23:16.14	
34 Laird, Isaac	Jefferson Co	7:51.0	24:23.16	23
35 Cohee, Caden	Paola High School	8:02.6	24:59.29	
36 Schlesener, Sumner	Herington Hi	8:40.8	26:58.08	
37 Swift, Joey	Chase County	8:48.1	27:20.72	24
38 Birk, Evan	Council Grove	10:45.1	33:24.04	25
39 Most, Daniel	Council Grove	11:10.8	34:44.08	26



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Melvorn Lake Outlet Park
Results

....Event 4 Boys 5k Run CC Varsity

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men											
1	Central Heights High Scho	22	1	2	4	7	8	12	22		
	Total Time: 1:29:18.51										
	Average: 17:51.71										
2	Jefferson County North Hi	62	6	9	14	15	18	21	23		
	Total Time: 1:42:13.03										
	Average: 20:26.61										
3	Chase County High School	64	5	11	13	16	19	24			
	Total Time: 1:42:21.88										
	Average: 20:28.38										
4	Council Grove	75	3	10	17	20	25	26			
	Total Time: 1:54:47.57										
	Average: 22:57.52										



2023 Lyndon Invitational - 9/7/2023
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Melvorn Lake Outlet Park
Results

Event 5 Women 5000 Meter Run JV

Name	Year Team	Avg Mile	Finals	Points
Results - Women				
1 Birk, Jaylynn	Yates Center	9:09.7	28:27.58	
2 Culberth, Lexi	Cornerstone	9:32.7	29:39.23	
3 Loop, Naomi	Valley Falls	9:37.9	29:55.45	
4 Houston, Miranda	Madison High School	9:47.5	30:25.00	
5 Stoecker, Gentry	Paola High School	9:50.6	30:34.80	
6 Ferguson, Sienna	Valley Falls	9:57.9	30:57.38	
7 Tavis, Caitlyn	Valley Falls	10:41.2	33:12.00	
8 Kerr, Brooklyn	Osawatomie H	11:54.3	36:59.20	
9 Hirsch, Eliza	Osawatomie H	12:38.0	39:14.75	
10 Lloyd, Lillyan	Valley Falls	12:39.4	39:19.28	



2023 Lyndon Invitational - 9/7/2023
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Results

Event 5 Men 5000 Meter Run JV

Name	Year Team	Avg Mile	Finals	Points
Results - Men				
1 Moore, Cooper	Central Heig	6:41.7	20:48.05	1
2 Dunbar, Aydan	Central Heig	6:52.6	21:21.83	2
3 Howland, Aidan	Central Heig	6:56.0	21:32.23	3
4 Reed, Russell	Central Heig	7:01.9	21:50.77	4
5 Alvarvz, Dominic	Osawatomie H	7:15.6	22:33.17	5
6 Seltmann, Rome	Cornerstone	7:20.6	22:48.91	
7 Miller, Cash	Central Heig	7:26.8	23:07.93	6
8 Arnold, Asher	Yates Center	7:31.6	23:23.04	
9 O'Brien, Liam	Madison High School	7:34.2	23:31.11	
10 Crockett, Korbin	Osawatomie H	7:35.7	23:35.58	7
11 Skeet, Alex	Central Heig	7:49.6	24:18.87	8
12 Johnson, Logan	Jefferson Co	8:07.4	25:14.15	
13 Meyer, Kolton	Herington Hi	8:08.3	25:17.04	
14 Jones, Mayson	Chase County	8:10.3	25:23.16	
15 Adcock, Layne	Valley Falls	8:23.5	26:04.15	
16 Bollinger, Jackson	Paola High School	8:26.1	26:12.33	
17 Kerr, LJ	Osawatomie H	8:30.0	26:24.40	9
18 Bernasek, Lucas	Valley Falls	8:42.4	27:02.79	
19 Russell, Collin	Osawatomie H	8:48.0	27:20.28	10
20 Bolling, Javan	Paola High School	9:00.7	27:59.64	
21 Wendt, Prestyn	Osawatomie H	9:00.7	27:59.72	11
22 Bledsoe, Austin	Lyndon High School	10:05.3	31:20.60	
23 Schechter, Red	Chase County	10:18.8	32:02.52	
24 Caster, Daniel	Paola High School	11:31.2	35:47.19	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men										
1 Central Heights High Scho	16	1	2	3	4	6	8			
Total Time: 1:48:40.81										
Average: 21:44.17										
2 Osawatomie High School	42	5	7	9	10	11				
Total Time: 2:07:53.15										
Average: 25:34.63										

